



Adventure Based Learning Experience

Experiential learning - based adventure & nature activities

ABLE Program *Philosophy*

The Expeditionary Learning Program is founded on the idea of learning through group activities termed "Learning Expeditions".

It is a learning experience that supports academic work and helps shape the thought processes of participants.

OutBeyond seeks to reach out to all segments of society in order to motivate individuals to attain their full potential through challenging activities. When it comes to nurturing future leaders, an early start is paramount.

What does a *participant* do at this program?

At OutBeyond program, participants participate in various activities such as team building games, swimming, **Wall Climbing, Net Climbing, Zip-Line, Still Water Rafting, Jungle Navigation, Rock Climbing, Night Trekking, Nature Trail, Rope Courses, Obstacle Course.**

These activities are included in our three-day programs where we use them as life lessons to encourage both extrinsic and intrinsic motivation. While focusing on own goals as an individual, the participants also contribute 100% to achieving team objectives. Participants develop self-confidence and take the opportunity to lead. They become an organized person, being a responsible citizen and going 'OutBeyond' the ordinary.

OutBeyond allows us to discover the world around us by stepping outside of our comfort zone.



Safety at *OutBeyond* Camp

We provide separate floors for girls and boys. The girls' dormitory has female instructors, while the boys' dormitory has male instructors 24 hours a day.

All our field activities, equipment and the entire camp are regularly inspected by internal & external officials. All our trainers receive anchoring, belaying, rescuing and first aid training. We have an excellent first aid facility including M.I. room in case required.

Contact us

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Camp Schedule

05:15 a.m.	Wake up call
06:00 a.m.	Morning assembly
07:30 a.m.	Breakfast
08:00 a.m.	Activity session 1
10:30 a.m.	Juice break
12:30 p.m.	Lunch break
02:00 p.m.	Activity session 2
05:00 p.m.	Tea/bournvita & snack
06:30 p.m.	Activity session 3
08:30 p.m.	Dinner
09:30 p.m.	Activity session 4
11:00 p.m.	Lights off, day end

What to bring along?

- Personal clothing
- 2 bed sheets (light)
- Swimming shorts or suit, cap
- Fresh up kit (soap, toothbrush, paste, towel etc.)
- Sport/trekking shoes
- Cotton socks pairs
- Slippers, sun cap, water bottle
- Torch with batteries
- Pen, pencil and note book
- Personal medication
(other than general medication if prescribed by doctor)

